

My NO Is Important

A social story for Kairav — Teaching that saying NO is a strong, good choice that deserves respect



1

Sometimes I do not want something. That is okay.



2

I can tap NO on my Avaz.
NO is a strong, good word.



3

Big people listen to my NO.
My choice is important.



4

If someone does not listen,
I can tell another helper.



5

My NO matters. I am safe
when people listen to me.