

My Morning Steps

A social story for Kairav — following a visual morning routine to feel organized and ready



1

The sun is up. I wake up in my bed. Morning is here.



2

My body feels confused when I wake up. I do not know what comes first.



3

Mummy shows me my morning picture chart. I can look at each step.



4

First potty. Then brush teeth. Then breakfast. Then clothes. I follow each step.



5

I finish all my morning steps. My body feels ready for school. I am prepared for my day.