

# My Happy Flaps

A social story for Kairav — celebrating happy stimming and self-expression through movement



1

I watch my favorite show. I feel happy inside my body.



2

My hands start to flap. My body wants to jump and move.



3

Happy feelings need to come out of my body. Flapping feels good.



4

Mama sees my happy flaps. She smiles at me.



5

Mama flaps with me. My happy body is a good body.