

My Ear Hurts

A social story for Kairav — what to do when my ear feels uncomfortable and how to get help



1

My ear feels full and sore. I touch my ear because it hurts.



2

The hurt feeling makes me sad. That is okay to feel.



3

I can tell someone my ear hurts. I tap 'ear' and 'hurt' on my Avaz.



4

The doctor looks inside my ear with a small light. The doctor is gentle and kind.



5

I lie on my side for the ear drops. The drops help my ear feel better and quiet.