

My Body Is Growing

A social story for Kairav — Understanding normal body changes during puberty



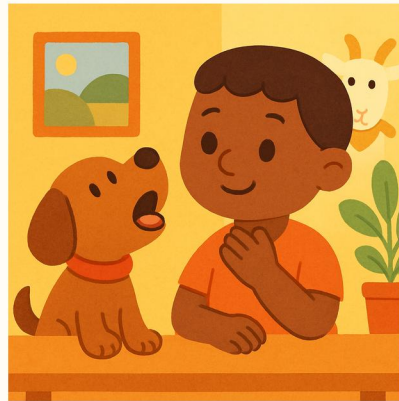
1

My body is growing bigger every year. Gigi's body is growing too.



2

New hair grows in new places on my body. This is normal and okay.



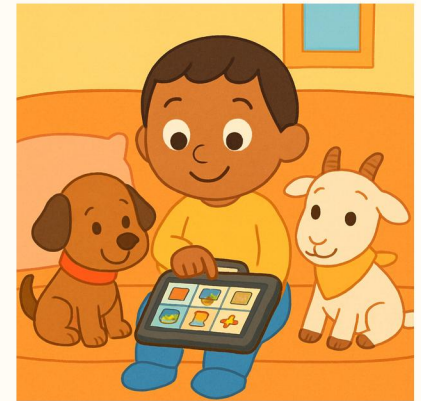
3

My voice might change and sound different. Bruno's voice is changing too.



4

My body has new smells now. I can use deodorant after my bath.



5

I can talk about my growing body using my Avaz. My body is growing up safely.