

Medicine Helper Ways

A social story for Kairav — Learning about different ways to take medicine when swallowing tablets is hard



1

I need to take my medicine.
The tablet looks big.



2

Swallowing tablets feels
hard for me. That is okay.



3

Mama can crush my
medicine. She mixes it with
honey.



4

Or I can take syrup
medicine instead. The
spoon has my medicine.



5

I drink water after. My
medicine is done. My body
gets better.