

Growing Legs at Night

A social story for Kairav — Understanding and managing nighttime growing pains in legs



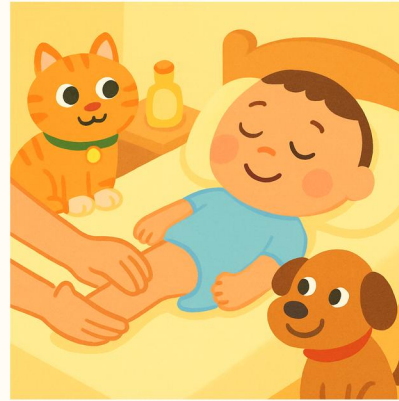
1

My leg hurts at night. It feels achy inside.



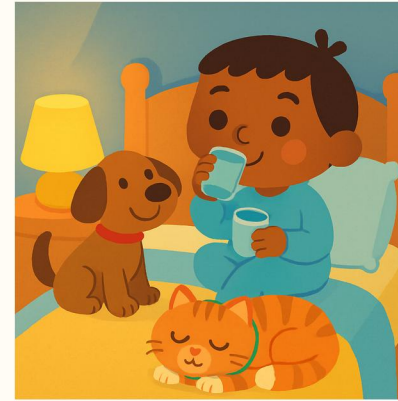
2

Milo tells me my bones grow at night. Growing can make legs hurt.



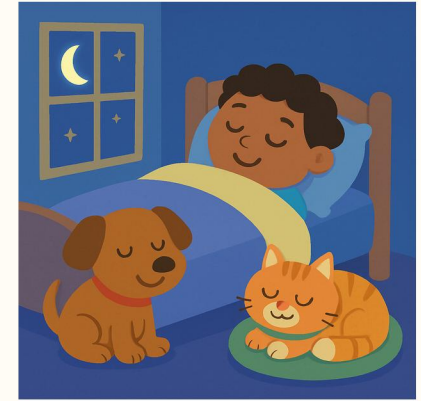
3

Mama rubs my leg with warm oil. The rub feels good.



4

I drink a little water. Bruno and Milo stay with me.



5

The soft blanket covers my legs. The hurt goes away and I sleep.