

# Food Play Time

A social story for Kairav — Learning that food can be fun to explore through gentle play



1

Today I visit the food helper aunty. Henny comes with me. We see new foods to play with.



2

I can touch the food with my finger. It feels soft and squishy. Touching food is okay.



3

I can smell the food. Some foods smell sweet. Some smell different. That is okay too.



4

I can squish and play with food. Maybe I try a tiny taste. Maybe not today. Both ways are good.



5

I learned that food can be fun to play with. Next time I will try a new food. I feel proud and happy.