

Choosing My Shirt

A social story for Kairav — helping with morning clothing choices when textures feel uncomfortable



1

I have many shirts in my cupboard. I can look at them with Henny and Milo.



2

Some shirts feel itchy on my skin. That makes me feel uncomfortable.



3

I can point to two soft shirts on my Avaz. I choose which one feels nice.



4

Mama cuts off the tag if it scratches. Now the shirt feels better.



5

I put on the soft blue shirt. It feels okay on my skin. Now I am ready to start my day.