

Moonpath

A vaccine or injection

A get-ready pack · 4 stories to read before the day.

A quick poke, over fast — and how to wait for it without dread.

For parents and caregivers of nonverbal autistic children. moonpath.in/prepare

moonpath.in · built for nonverbal autistic kids

Inside this bundle

4 printable stories. Each is one page, designed to read aloud with your child.

- 01** A Quick Poke
- 02** Waiting Steps
- 03** Talking To The Doctor
- 04** After My Big Feelings

A Quick Poke

A social story for Kairav — Getting a vaccine shot at the doctor's office



1

I am at the doctor with Milo and Bruno. The doctor will give me a shot today.



2

A shot is a fast poke on my arm. It helps keep me healthy.



3

I squeeze Mummy's hand tight. I look away at the sunny window.



4

One, two, three - the poke is done! That was very fast.



5

I was brave today! My arm feels better. Time for ice cream with my friends.

Waiting Steps

A social story for Kairav — Learning how to wait using a timer and fidgets



1

I want my tablet now. But first I wait.



2

I set my timer for 5 minutes. I can count the numbers.



3

While I wait, I pick a fidget. My hands are busy.



4

Ding! The timer says zero. Now it is time for my tablet.



5

I waited with my timer. I did it! I feel proud.

Talking To The Doctor

A social story for Kairav — Using AAC to communicate with a doctor about body feelings



1

I am at the doctor's office. Bruno and Milo come with me.



2

The doctor asks me questions. My tummy has an uncomfortable feeling.



3

I can use my Avaz to tell the doctor. I tap on body part.



4

I tap tummy. I tap two days. I can show hurt and how long.



5

The doctor listens through my Avaz. She understands me. I can get help.

After My Big Feelings

A social story for Kairav — what happens after a meltdown ends and how to feel safe again



1

My big feelings were very loud. Now they are getting smaller.



2

My body feels tired after big feelings. That is okay.



3

Mummy sits near me. She is quiet too.



4

I can have water and my soft blanket. This helps my body.



5

I am safe. Mummy loves me. My feelings are quiet now.