

Moonpath

# Eating out at a restaurant

A get-ready pack · 4 stories to read before the day.

The wait for food, the noise, the menu — eating out without the meltdown.

For parents and caregivers of nonverbal autistic children. [moonpath.in/prepare](https://moonpath.in/prepare)

[moonpath.in](https://moonpath.in) · built for nonverbal autistic kids

# Inside this bundle

4 printable stories. Each is one page, designed to read aloud with your child.

- 01** Eating Out With Family
- 02** The Food Is Coming
- 03** I Order My Own Food
- 04** I Don't Like This Food

# Eating Out With Family

A social story for Kairav — Going to restaurants and waiting patiently for food



1

My family and I go to the restaurant. Henny and Bruno are here too.



2

Food takes longer at the restaurant than at home. That is okay.



3

I can use my Avaz and have a quiet snack while I wait.



4

I can show the picture of my favorite food on the menu.

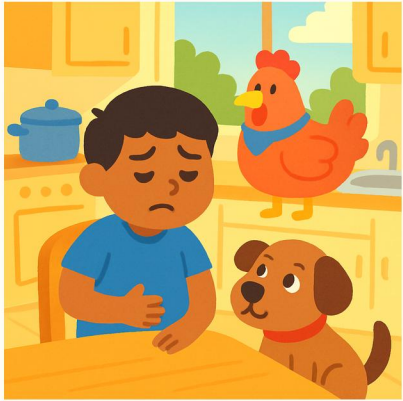


5

My food comes and I eat it. Then we go home happy.

# The Food Is Coming

A social story for Kairav — waiting for food when hungry without getting upset



1

My tummy feels empty. I am hungry.



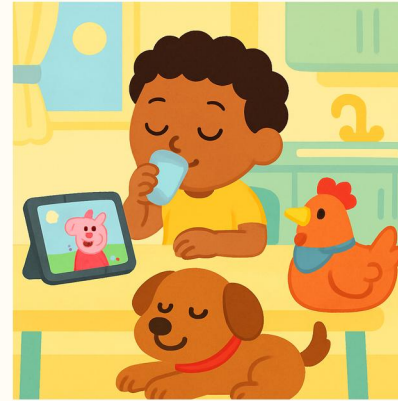
2

The food is being made. It is not ready yet.



3

I can tap 'wait' on my Avaz. Mummy says 'soon'.



4

I can drink some water. I can watch a short video.



5

Ding! The food is here. I can eat slowly. My tummy feels happy.

# I Order My Own Food

A social story for Kairav — Using AAC to order food at restaurants with confidence



1

I am at a restaurant with Henny and Bruno. I can order my own food today.



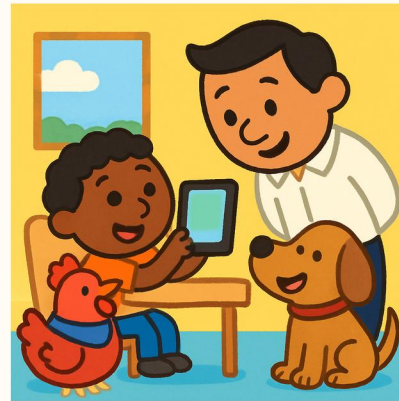
2

I look at my menu on Avaz. I can choose what I want to eat.



3

I tap on my tablet. I want idli please. Avaz helps me say the words.



4

I show my screen to the waiter uncle. He reads my words and smiles big.

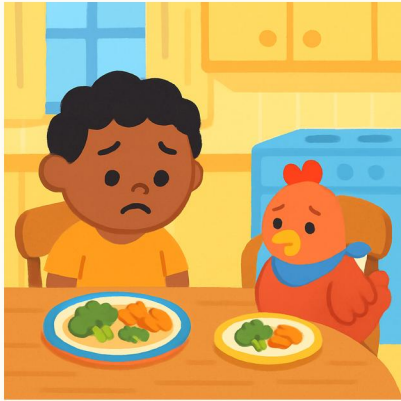


5

The waiter says idli is coming soon! I ordered my own food with Avaz. I feel proud and happy.

# I Don't Like This Food

A social story for Kairav — What to do when I don't want to eat something on my plate



1

I look at my plate. This food is different today.



2

My tummy says no thank you. That is okay.



3

I can say no nicely. I press my button.



4

Mama brings different food. She understands my no.



5

I eat what I like. Tomorrow we can try again.