

Moonpath

A new baby in the family

A get-ready pack · 4 stories to read before the day.

The house is about to change — here's how to hold the routine steady.

For parents and caregivers of nonverbal autistic children. moonpath.in/prepare

moonpath.in · built for nonverbal autistic kids

Inside this bundle

4 printable stories. Each is one page, designed to read aloud with your child.

- 01** My New Baby Sister
- 02** Plan Change Day
- 03** My Sad Feeling
- 04** I Need A Break

My New Baby Sister

A social story for Kairav — adjusting to a new baby sibling joining the family



1

Mama's tummy is big. A baby is growing inside.



2

My new baby sister comes home. She is very small.



3

Baby cries sometimes. That is what babies do. It is okay.



4

I can use soft hands. I can use a quiet voice.



5

I love Mama. I love my baby sister. Our family love grows bigger.

Plan Change Day

A social story for Kairav — When plans change because of weather, we can make new fun plans



1

Today was park day. I was excited to go outside.



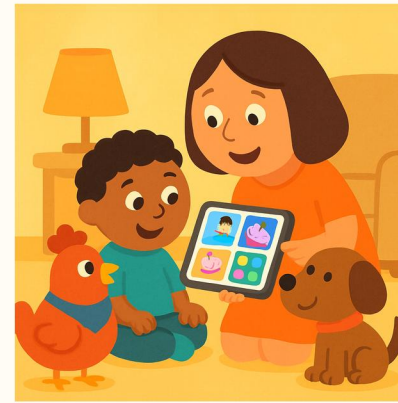
2

But it is raining big. The park plan changed.



3

Change is hard. I feel upset. That is okay.



4

Mama shows me the new plan. Instead of park, we play inside.



5

Different can still be fun. New plan is good too.

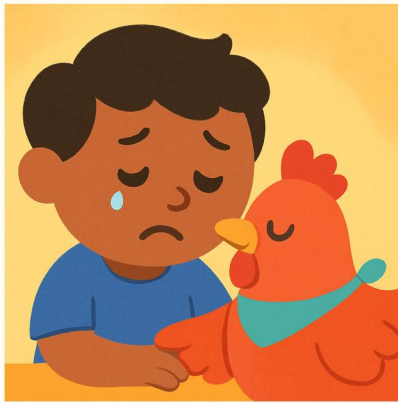
My Sad Feeling

A social story for Kairav — Understanding and expressing sadness when the cause is unclear



1

Sometimes my eyes feel wet. A sad feeling is inside me.



2

I feel sad in my chest. That is okay.



3

I can tell someone. I tap 'sad' on my Avaz.



4

Mummy asks if I want a hug. I nod yes.



5

The warm hug helps me feel better. Sad feelings can live with hugs.

I Need A Break

A social story for Kairav — Learning to recognize when I need a break and how to ask for one



1

My body feels full. Too much is happening around me.



2

I can tap 'break' on my Avaz. I can tell someone I am tired.



3

Teacher says 'okay, five minutes!'. She understands what I need.



4

I go to my quiet corner. I can breathe slowly and rest.



5

Soon I feel better. I can go back to my work. Thank you for helping me.