

Moonpath

# A trip to the mall

A get-ready pack · 4 stories to read before the day.

Bright shops, crowds, escalators — a mall trip broken into safe steps.

For parents and caregivers of nonverbal autistic children. [moonpath.in/prepare](https://moonpath.in/prepare)

[moonpath.in](https://moonpath.in) · built for nonverbal autistic kids

# Inside this bundle

4 printable stories. Each is one page, designed to read aloud with your child.

- 01** Going to the Mall
- 02** Going to Sabzi Market
- 03** I Need A Break
- 04** Big Feelings Outside

# Going to the Mall

A social story for Kairav — Managing sensory experiences and expectations during a mall visit



1

Today is mall day. I am going to the mall with Mama.



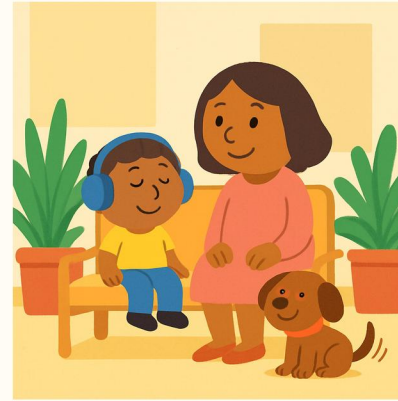
2

The mall is loud with many people. The lights are bright. That is okay.



3

I can wear my headphones. I hold Mama's hand. We have a short list.



4

I can take a break on a bench. Mama waits with me. I feel better.



5

Now I am home. I did a good job at the mall. I have a small treat.

# Going to Sabzi Market

A social story for Kairav — visiting the busy vegetable market with Mama



1

Today I go to sabzi market with Mama. Gigi comes too.



2

The market is loud. Many people talk at once. I hold Mama's hand tight.



3

I help pick fruit. Two apples and two mangoes. Good choices.



4

Mama pays the uncle. Our fruit goes in the bag.



5

We are home now. Fresh fruit on our table. Market trip is all done.

# I Need A Break

A social story for Kairav — Learning to recognize when I need a break and how to ask for one



1

My body feels full. Too much is happening around me.



2

I can tap 'break' on my Avaz. I can tell someone I am tired.



3

Teacher says 'okay, five minutes!'. She understands what I need.



4

I go to my quiet corner. I can breathe slowly and rest.



5

Soon I feel better. I can go back to my work. Thank you for helping me.

# Big Feelings Outside

A social story for Kairav — Managing overwhelming feelings in public places and finding comfort



1

The mall has many people. It is very loud. Too much for my body.



2

My body says too much. I feel scared and tired. That is okay.



3

Mama comes to help me. We can leave and find quiet.



4

People look at us. That is okay. We walk to our car.



5

In the car I drink water. Soft music plays. I am safe and loved.