

Moonpath

# A doctor's checkup

A get-ready pack · 4 stories to read before the day.

Strangers, instruments, being touched — made predictable before you go.

For parents and caregivers of nonverbal autistic children. [moonpath.in/prepare](https://moonpath.in/prepare)

[moonpath.in](https://moonpath.in) · built for nonverbal autistic kids

# Inside this bundle

4 printable stories. Each is one page, designed to read aloud with your child.

- 01** My Yearly Checkup
- 02** Waiting Steps
- 03** Where It Hurts
- 04** Talking To The Doctor

# My Yearly Checkup

A social story for Kairav — Going to the doctor for an annual physical examination



1

Today I go to the doctor for my checkup. I stand on the scale to check my weight and height.



2

The doctor listens to my heart and lungs. I breathe in and out slowly.



3

I open my mouth wide. I can say 'ahhh' or tap on my Avaz to help.



4

The doctor checks my ears and eyes with special tools. I sit very still.



5

All done! The doctor says I am healthy and good. I feel proud and happy.

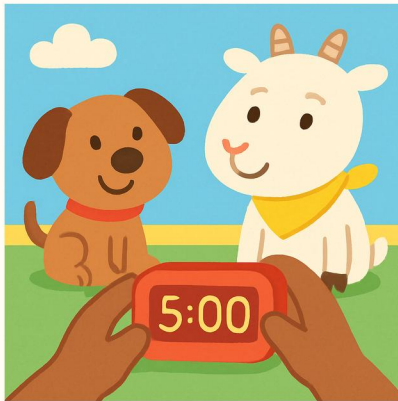
# Waiting Steps

A social story for Kairav — Learning how to wait using a timer and fidgets



1

I want my tablet now. But first I wait.



2

I set my timer for 5 minutes. I can count the numbers.



3

While I wait, I pick a fidget. My hands are busy.



4

Ding! The timer says zero. Now it is time for my tablet.



5

I waited with my timer. I did it! I feel proud.

# Where It Hurts

A social story for Kairav — Using body parts and AAC to tell someone where pain is located



1

My tummy feels bad today.  
It makes me uncomfortable.



2

I can use my Avaz to tell  
someone. I open the body  
page.



3

I point to the part that  
hurts. I tap tummy on my  
Avaz.



4

Mama asks me how much  
it hurts. I can show her  
with my fingers.



5

Now Mama knows how to  
help me. My tummy feels  
better when she helps.

# Talking To The Doctor

A social story for Kairav — Using AAC to communicate with a doctor about body feelings



1

I am at the doctor's office. Bruno and Milo come with me.



2

The doctor asks me questions. My tummy has an uncomfortable feeling.



3

I can use my Avaz to tell the doctor. I tap on body part.



4

I tap tummy. I tap two days. I can show hurt and how long.



5

The doctor listens through my Avaz. She understands me. I can get help.