

Moonpath

A dentist visit

A get-ready pack · 4 stories to read before the day.

The chair, the bright light, the wait — turned into small, calm steps.

For parents and caregivers of nonverbal autistic children. moonpath.in/prepare

moonpath.in · built for nonverbal autistic kids

Inside this bundle

4 printable stories. Each is one page, designed to read aloud with your child.

- 01** Going to the Mall
- 02** Waiting Steps
- 03** Talking To The Doctor
- 04** My Squeeze Hug

Going to the Mall

A social story for Kairav — Managing sensory experiences and expectations during a mall visit



1

Today is mall day. I am going to the mall with Mama.



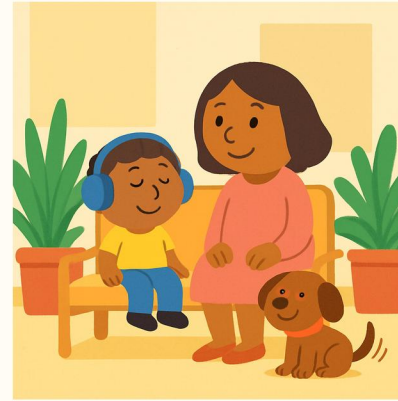
2

The mall is loud with many people. The lights are bright. That is okay.



3

I can wear my headphones. I hold Mama's hand. We have a short list.



4

I can take a break on a bench. Mama waits with me. I feel better.



5

Now I am home. I did a good job at the mall. I have a small treat.

Waiting Steps

A social story for Kairav — Learning how to wait using a timer and fidgets



1

I want my tablet now. But first I wait.



2

I set my timer for 5 minutes. I can count the numbers.



3

While I wait, I pick a fidget. My hands are busy.



4

Ding! The timer says zero. Now it is time for my tablet.



5

I waited with my timer. I did it! I feel proud.

Talking To The Doctor

A social story for Kairav — Using AAC to communicate with a doctor about body feelings



1

I am at the doctor's office. Bruno and Milo come with me.



2

The doctor asks me questions. My tummy has an uncomfortable feeling.



3

I can use my Avaz to tell the doctor. I tap on body part.



4

I tap tummy. I tap two days. I can show hurt and how long.



5

The doctor listens through my Avaz. She understands me. I can get help.

My Squeeze Hug

A social story for Kairav — Using deep pressure and weighted blankets to feel calm and organized



1

My body feels wiggly and big. Bruno sees me feeling this way.



2

A squeeze can help my body. Bruno brings me my heavy blanket.



3

The blanket feels heavy on my lap. It gives me a gentle squeeze.



4

Mama gives me a hug around my shoulders. Now I have two squeezes.



5

My body feels calm and organized. I can breathe out and feel better.