

Moonpath

A blood test

A get-ready pack · 4 stories to read before the day.

The needle, the wait, the little squeeze — explained gently, in order.

For parents and caregivers of nonverbal autistic children. moonpath.in/prepare

moonpath.in · built for nonverbal autistic kids

Inside this bundle

4 printable stories. Each is one page, designed to read aloud with your child.

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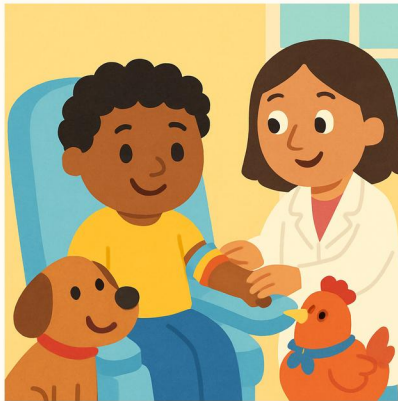
My Blood Test Helper

A social story for Kairav — Getting a small blood test at the lab with helpers



1

The doctor wants to check my blood. Bruno and Henny are here with me.



2

The lab aunty puts a soft band on my arm. She will squeeze it gently.



3

I watch Peppa Pig on my tablet. I stay very still. My blood goes in a tube.



4

The aunty puts soft cotton and tape on my arm. I am doing good work.



5

My blood test is finished! I did hard work today. Bruno and Henny are proud of me.

Waiting Steps

A social story for Kairav — Learning how to wait using a timer and fidgets



1

I want my tablet now. But first I wait.



2

I set my timer for 5 minutes. I can count the numbers.



3

While I wait, I pick a fidget. My hands are busy.



4

Ding! The timer says zero. Now it is time for my tablet.



5

I waited with my timer. I did it! I feel proud.

Talking To The Doctor

A social story for Kairav — Using AAC to communicate with a doctor about body feelings



1

I am at the doctor's office. Bruno and Milo come with me.



2

The doctor asks me questions. My tummy has an uncomfortable feeling.



3

I can use my Avaz to tell the doctor. I tap on body part.



4

I tap tummy. I tap two days. I can show hurt and how long.



5

The doctor listens through my Avaz. She understands me. I can get help.

My Squeeze Hug

A social story for Kairav — Using deep pressure and weighted blankets to feel calm and organized



1

My body feels wiggly and big. Bruno sees me feeling this way.



2

A squeeze can help my body. Bruno brings me my heavy blanket.



3

The blanket feels heavy on my lap. It gives me a gentle squeeze.



4

Mama gives me a hug around my shoulders. Now I have two squeezes.



5

My body feels calm and organized. I can breathe out and feel better.